



# THE DAVA WAY

ASSOCIATION

Charity no: SC030496

20 Tolbooth Street  
Forres  
Moray  
IV36 1PH  
[www.davaway.org.uk](http://www.davaway.org.uk)

## Ghost Train Walk

**Saturday 22<sup>nd</sup> June 2019**

Dear Walker

Please join us for the Dava Way Ghost Walk on 22<sup>nd</sup> June 2019 and help us to continue improving and maintaining what is now one of Scotland's Great Trails! The walk goes from Grantown-on-Spey to Forres along the Dava Way for a distance of about 23 miles. It passes through a mix of farmland, woodland and moorland as you climb from Strathspey, cross Dava Moor and descend to the Moray Firth. Almost all of the route follows the old Highland Railway line and is off road and safe from traffic.

Midsummer in the North of Scotland is blessed with long summer evenings. The sky barely gets dark beyond dusk at 11pm and starts to get light very early, especially with a clear sky. The path itself is clearly way marked.

Transport will be provided from Roysvale Park, Forres leaving on Saturday 22<sup>nd</sup> June just after 9.00pm. The Walk itself will start just before 10.00pm from The Square in Grantown-on-Spey. Tea or Coffee and Bacon/Sausage in a bap will be served at the 16 mile point at Dunphail between 1am and 5am. Please advise us if you have other dietary requirements. Expect the walk to take around 10 hours for the strollers and 6 hours for the hares.

You should wear, good walking boots, long sleeved shirt and long trousers; take a headtorch, or alternatively carry a hand held torch. You should carry in your rucksack, midge net and repellent, waterproof clothing, extra clothing, drinking water, spare food and personal first aid kit. This year, there will be a prize for the "best ghost" but please ensure your dress is appropriate for the walking conditions.

Starting Out: You may feel that you need to keep up with the speedy. You Don't! This is not a race. Be cautious about trying to go too fast, regulate your pace to that of personal comfort and have rest breaks.

To take part in the walk please fill in the entry form and post or e-mail before the closing date of 12th June 2019. The entry form can be downloaded from our website [www.davaway.org.uk](http://www.davaway.org.uk), which has details of the route, including maps, or alternatively online via [www.moraywalkingfestival.co.uk](http://www.moraywalkingfestival.co.uk). Entrants are requested to enclose a donation of £20 per person towards path maintenance and improvement. Children over the age of 12 years are welcome but must be accompanied by a responsible adult if under 16. If you want to take your dog please advise us and make your own arrangements to get to Grantown-on-Spey. With the exception of guide dogs, dog owners and their pets will not be permitted to board the coaches.

All walkers should assemble at Roysvale Park, Burdsyard Road, Forres, IV36 1FG (opposite Forres Swimming Pool) and register at the marquee between 8pm and 9pm before boarding the coach to Grantown-on-Spey.

Cancellations and refunds:

If you cancel before 12th June, we will refund your subscription minus £1 for administration and postage. Any cancellations after 12th June, or no show on the day will not be refunded

You are welcome to use this event to raise money for a charity of your choice. Please note that the recipient charity should be clearly indicated on the sponsorship form you use and it is your responsibility to ensure that all monies collected reach the intended charity.

Neil Sinclair  
Chairman, Dava Way Association